



Books in the Woods Class & Teacher Info

List of Classes

- [Burried Fabric Mediation Books with Emma Freeman](#)
- [Bonding with Fibers: The Magic of Papermaking with Sheryl Jaffe](#)
- [Experimental Narrative Cyanotype with Tonya Lemos](#)
- [Slow Drawing and Collage with Amy Maricle](#)
- [Wearable Book with Leslie Marsh](#)
- [Mixed Media Journaling with Minette Riordan](#)
- [Printing and Playing with Nature with Bee Shay](#)

Keep reading to learn more about each teacher and class!

Emma Freeman



About Emma

Emma Freeman is a spiritual artist, writer, massage therapist and Reiki practitioner. Her work focuses on bridging the body, mind and soul through creative practices and healing touch with the intention of supporting deep, empowered, heart centered living. Emma loves to share what she discovers through her creative exploring in classes, workshops and retreats. She has a Bachelor's Degree in Philosophy and Studio Art from Alverno College in Milwaukee, Wisconsin and is a Buddhist, sober, a highly sensitive person and hearing impaired. She lives in Oconomowoc, Wisconsin with her wonderful family including two rescue beagles. You can learn more about her at www.deep-rooted-healing.com.

WHERE YOU CAN FIND EMMA: [Instagram](#), [Facebook](#), and her [website](#).

Class Description (Buried Fabric Meditation Books)

Explore a slow, meditative way of creating small, sacred fabric books that we will bury in the ground on the property at Snow Farm and then dig back up as a way to connect to the healing

energies of the earth and invite them to infuse themselves into our books. We'll play with a variety of book structures and you'll be invited to follow your intuition to create what resonates with you most in the moment. Each student will receive a kit of all the materials needed to create a book including pieces of beautiful old fabrics, threads and yarns from around the world, pieces of nature like feathers and birch bark, needle, meditation beads and handmade paper to write poems or quotes on.



Sheryl Jaffe



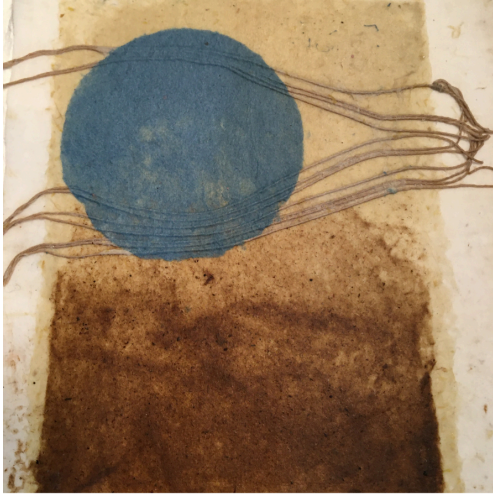
About Sheryl

Sheryl Jaffe has been exhibiting her artwork throughout New York and New England for over 30 years. She works with organic materials, handmade paper from local and exotic plant fibers, and found objects to create 2 and 3 dimensional works that are reminiscent of the human body and the strength and frailty of skin. Her work includes installations, sculpture, artist books and prints and are evocative offerings for viewers to move through, make discoveries, and be drawn in to contemplation. She studied traditional hand papermaking in Japan and China and has taught papermaking at home and abroad. Jaffe was a resident artist at The Barn, Edward Albee Foundation and at Yellowstone National Park.

WHERE YOU CAN FIND SHERYL: [Instagram](#), [Website](#), and [Upcoming Classes](#)

Class Description (Bonding with Fibers: The Magic of Papermaking)

We will learn the process of making paper from harvesting plant fibers, cooking, beating, blending, sheetforming, and drying; but we will focus our time on creative sheetforming, pulp painting and layering. Exploring distinctive fibers' textures, colors and weights we will create expressive papers with inclusions, patterns and a variety of translucency. These unique papers can be used in infinite diversity, bound only by your imagination.



Tonya Lemos



About Tonya

Tonya Lemos works at the intersection of art and herbalism and has worked as a community herbalist/educator for over 25 years helping people connect with plants as allies for healing (physical /emotional and spiritual). She currently teaches a Botanical Art studio program at Blazing Star Herbal School as well as a year long herbal apprenticeship which is now in its 23rd year.

She is inspired by all aspects of the natural world and the elements. She works actively with the alchemical processes of Green World, be it eco-printing, alternative photography methods or foraging and medicine making. Her artwork and healing work is process based centering around relationship, well-being, creativity, connection and co-existence. She believes art and creativity to be an integral part of the healing process.

Presently her work is multidisciplinary combining, relief and intaglio printmaking, monotype and contact printing with botanicals, and alternative photography methods. She has exhibited several solo shows in Northampton and North Adams and has participated in many group shows. She has been lecturing for 30 and more recently taught at the Arnold Arboretum at Harvard University, Tower Hill Botanical Garden, and the Provincetown Art Museum.

WHERE YOU CAN FIND TONYA: [Instagram](#) (Tonya), [Instagram](#) (Blazing Star Herbal School), [Newsletter](#), and [Upcoming Classes](#)

Class Description (Experimental Narrative Cyanotype)

Cyanotype is an accessible and versatile photographic process. In this workshop participants after learning basic techniques for dry and wet cyanotypes participants will be encouraged to embark on a creative journey to practice and then begin to develop a 3 part cyanotype narrative.

Cyanotype is an accessible and versatile photographic process, easy to learn but the possibilities are endless and is fabulous for all book making enthusiasts as it can elevate covers, papers and artist books. The cyanotype method was discovered Sir John Herschel in 1842 and used for reproducing notes and diagrams and documents, around the same time his niece was popularizing the technique of Botanical cyanotypes with botanicals and seaweeds. We will also touch upon lumens and cyanolumen.



Amy Maricle



About Amy

Amy Maricle is an artist, art therapist and author who is fascinated by the connections between nature and art. In her classes in art journaling, painting, bookmaking, and paper cutting, she teaches students to slow down and co-create with nature, using a playful creative process to find more joy and meaning. She is the author of *Draw Yourself Calm: Draw Slow, Stress Less* and her art and writing have been featured in numerous publications, including The New York Times.com, The Times London, The WashingtonPost.com, Psych Central.com, Spirituality & Health Online, and Art Journaling Magazine. You will find her at: <https://MindfulArtStudio.com>.

Class Description (Slow Drawing and Collage)

This is going to be a slow, delicious dwelling with nature and your art practice. We will begin with an introduction to nature's patterns and slow drawing. Once you begin looking for them, you'll see that nature's patterns are everywhere – on bark, leaves, pods, flower buds, and in lichens. Amy will send you on an adventure around the farm, looking to capture photos and respectfully gather just a few natural objects that could inspire patterns of your own. (Accommodations are

available for folks with mobility issues.) Back at the studio, you will explore distilling these shapes and patterns down to their essence, finding your own slow drawing patterns, which you will eventually explore on small pieces of paper. This will be a quiet, playful practice.

In the second section, Amy will demonstrate how she uses watercolor blooms, swooshes of color, and watercolor marks on the page to form dynamic backgrounds for slow drawing patterns. You will make numerous small watercolor cards with paint, and once dry, you will experiment with putting your slow drawing patterns over them.

Next, we will look at the ways Amy collages with slow drawings and slow paintings in her art journals and on paper, and you can begin exploring how you can collage in your own journals.

At the end of the day, we will bring our work together for an ending ritual.



Leslie Marsh



About Leslie

Book artist Leslie Marsh is driven by her love of nature and a fascination for cultural and family history. Using metal, stones and vintage findings, she forges relic-like book covers that call to mind medieval treasure bindings created during the Middle Ages. Leslie also spends a lot of time experimenting with the marks left by leaves on paper by steeping the two together or printing them using various techniques. Her books are held in private collections across the US, Europe and Australia. She teaches workshops and shows her work at various sites across the United States.

WHERE YOU CAN FIND LESLIE: [Instagram](#), [Facebook](#), and her [website](#).

Class Description (Wearable Book)

Everyone has a story. This one begins with a creme brûlée torch and a roll of solder. In this workshop, you will create small, soldered book covers with an image of your choosing. You'll bind your book (outside of class) using a Coptic stitch and papers you've created or plain papers I'll supply. Using beads, chain, leather, wire, and various jewelry techniques, you'll turn your book into a head-turning piece of jewelry.

- Students are welcome to bring beads and chain that they'd like to include in their piece; however, I will have lots for you to choose from.

- If you'd like to email a single photo to me for sizing and printing before the workshop, please send it to lesliemarsh@mac.com by May 1, and in the subject line of your email, note that it is a photo for my Wearable Book class. Again, it not necessary, as I will have photos for you to choose from if you prefer.

- I will supply plain cream-colored paper for the signatures, but you are welcome to bring your own papers. I bind this book with six signatures.



Minette Riordan



About Minette

Award-Winning Entrepreneur and Best-Selling Author, Dr. Minette Riordan is a creative mentor and artist with close to 20 years experience guiding others to live their best lives. She loves supporting midlife women to reclaim their creative brilliance and design a meaningful and purposeful vision for their lives. Her mission is to empower women to share their creative light with the world. She believes that when we are all working in our creative genius, we can solve all the world's problems. She is an artist, poet and creative spirit who is a wee bit obsessed with coffee and dragons.

WHERE YOU CAN FIND MINETTE: [YouTube](#), [Instagram](#), [Website](#)

Class Description (Mixed Media Nature Journaling)

Let's take a walk in the woods at Snow Farm, connecting to place, color, texture and the abundant natural world. Learn how to bring the outside in to your journal with a mixed media approach that incorporates bookmaking, writing, sketching, photography (with your phone) and painting. Together we will create a traveler's style journal, go for a walk to gather inspiration and

document what we see, then return to the studio for some lessons in nature drawing. Finally, we will create a lovingly layered mixed media visual journal page that captures the experience and feeling of the natural beauty around Snow Farm.



Bee Shay



About Bee

Bee Shay has been an art instructor since 1976. She has taught all over the US at many popular venues, from her home studio and online. She has been published in magazines and books by Lynne Perrella, LK Ludwig, Jeanne Stein and many more. Her own book, Collage Lab was published in 2010, is still in print and in five languages.

Her original interests were weaving and macrame but aLer college moved on to oil painting. In the early 1990s she rediscovered printmaking and bookbinding, her two favorite subjects during her educational years and has never looked back.

She is and has always been an avid naturalist and the outdoors informs her work heavily. She shares anything and everything she knows with an open heart and with anyone who will listen.

A member of the Nature Printing Society for thirty years, she has served on the board and as education chairman for most of their workshops since 2006.

There are no rules in her classroom except for you to bring an open heart and mind.

WHERE YOU CAN FIND BEE: [Instagram](#)

Class Description (Printing and Playing with Nature)

This workshop is a nature-based surface design class, created to give you an opportunity to play with the natural world and bring those results into your bookmaking world.

We will create a generous stack of papers for use as signature wraps, pages to journal on, covers, add-ins, tabs, bookmarks, collage with and whatever else your heart desires.

Explorations into printing botanicals, seed pods, small carvings based on natural objects, mark-making tools made from natural objects, you name it, if it's outside we will play with it.

Tools we will work with include but are not limited to: Gel plates, gelatin plates, brayers, our hands, a stomp press, an etching press, mark-makers, stencils, carvings and more. You will have the opportunity to learn to make your own tools as well as use the ones provided.

Your class materials will include a collection of botanicals collected, dried and pressed by me, fresh botanicals, found objects, seed pods, beach stones as well as my personal toolbox of stamps, stencils, and what-nots to print with will be available for your use during class.

We will be using primarily 32 lb. bright white paper to print on (as well as some handmade paper), but if you have any special paper or plants that you would like to work with, feel free to bring them along. There will be more than enough available to you in class, so it is NOT necessary, just an option. Questions are always welcome, before, during and after we've departed.

You will be given a guide that will detail what we cover in class, complete with a resource list so note-taking will not be necessary or at the very least limited. As an instructor, my preference is to have you in the moment working, not trying to capture information for the future. Many of the tools you use will be yours to take home with you to continue your explorations. You will also be given a set of covers and instructions for a simple journal should you decide you want to make on your own, a reference book of what you learned in class.

Hope you will consider spending the day with me building your toolbox and increasing your skill sets to enhance your book-making and binding endeavors.

